



were only visiting for under three hours, and 21.3% said about half the day. Therefore, 88.9% spent less than half the day recreating during their visit to the CWM. Because of the proximity of the CWM to the urban and metropolitan Salt Lake Valley, recreationists are able to take shorter and more frequent trips to enjoy their recreational activities.

- Visitors were asked how many recreation sites they planned on using during their visit, and 81.5% said they only planned on using one, indicating recreationists have their favorite places to engage in their specific recreational activities.
- Visitors were asked how many times per year they visited the CWM, and there was a wide range of responses ranging from 1 to 365 days. Thirty-eight percent of visitors visit one to 20 times per year, 24.2% visit 21-52, 20.8% visit 53-100, and 16.6 visit more than 101 times a year, indicating frequency of use is high among local recreationists because of the proximity and ease of access to the CWM.
- Visitors were asked what kinds of recreation areas they use most often (developed or undeveloped), and 53% said they use both developed and undeveloped equally. Thirty-eight percent said they use undeveloped sites most often, and only 9% said they use developed sites most often.
- Visitors were asked how satisfied they were with their recreational visit to the CWM, and 88% said they were “very satisfied,” and 10% said they were “somewhat satisfied,” indicating high levels of satisfaction with their visits to the CWM. Less than two percent of CWM visitors said they were “neither satisfied or dissatisfied” or “dissatisfied/very dissatisfied.”
- The most common recreational activity visitors were participating in was hiking (44.9%). Other common activities included mountain biking (8.4%), walking (6.4%), rock climbing (4.2%), road cycling (3.5%), and trail running (3.5%).

- Visitors were asked how many out-group encounters they had while they were recreating. The mean number of encounters was 14.5, and the median was 10 encounters. The number of encounters ranged from 0-200. Visitors were then asked how those encounters affected their recreational experience. Sixty-one percent said the encounters they had with people outside of their group positively enhanced their recreational experience, and 31% said the encounters had no impact. Only 8% said the encounters they had with people outside of their group negatively affected their recreation experience in the CWM. Generally, recreationists perceive social encounters with others as a positive contribution to their recreation experience.
- Visitors were asked how they accessed their chosen recreation site, and 90.5% used their personal vehicle, 4.3% biked, 4.3% walked, and only .7% used public transportation or a shuttle. Thirty percent of those who used their personal vehicle traveled alone, 33.5% traveled with one other person, 13% traveled with two other people, and 7.4% traveled with three other people.
- Visitors were given a list of common motivations for people to recreate on public lands, and were asked to rank how important these were in motivating them to recreate the day they were surveyed. The highest ranked motivations were “to observe scenic beauty,” “enjoy the sights and smells of nature,” “enjoy the peace and tranquility,” and “improve their physical health.” Interestingly, the lowest ranked motivation was “to meet new people.”
- Visitors were asked the following question: “If you could choose just one or two words to describe your personal feeling about the Central Wasatch Mountain what would the word(s) be?” The figure on the front shows the words used by visitors to describe their personal feeling toward the CWM, and the size of the words represents the frequency the words were mentioned (Figure 1).